



Sacred Heart Primary School

Anti-Bullying Policy

This policy was reviewed:	Autumn 2025
This policy will be reviewed again:	Autumn 2027
Governor Committee Responsibility:	BAPD Committee
Statutory policy:	Yes
Source:	Headteacher



Sacred Heart Primary School

Anti-Bullying Policy

AIMS

At Sacred Heart School the health, safety and well-being of all our pupils are of paramount importance. We are committed to providing a caring, friendly and safe environment for all our pupils.

Bullying, of any kind, will not be tolerated. Bullying hurts.

If bullying does occur, all pupils should be able to tell someone and know that the matter will be dealt with promptly and effectively.

This policy aims to:

- Promote an environment in which all pupils, staff, parents and governors understand what bullying is and how it should be addressed
- Promote awareness that bullying will not be tolerated. Pupils, staff and governors have signed up to the Anti-Bullying Charter
- Recognise that it is everyone's responsibility to prevent bullying from occurring and provide a consistent response when it does
- Ensure that parents and pupils understand they will be supported when bullying is reported
- Identify potential signs of bullying

Definition

Bullying is deliberately hurtful behaviour, repeated over a period of time. It can be:

- Emotional Being unfriendly, excluding, tormenting (such as hiding books or threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist Racial taunts, graffiti, gestures
- Sexual Unwanted physical contact or sexually abusive comments
- Verbal Name calling, sarcasm, spreading rumours, teasing
- Cyber Internet and text messaging abuse

Supporting Documents

- Behaviour For Learning Policy
- PSHE Policy and Curriculum
- Thrive
- Equal opportunities Policy
- Racial Equality Policy
- Safeguarding and Child Protection Policy
- DfE Preventing and Tackling Bullying advice
- DfE Approaches to preventing and tackling bullying – case studies
- Online Safety Policy



The School's Approach

At Sacred Heart, we actively try to prevent bullying. There is an annual focus on anti-bullying. The pupils are encouraged to use the School's Anti-bullying Charter to "Be a buddy, not a bully" and that "It's OK to tell".

Assemblies and circle time address the theme and whole class discussion is encouraged. School Councillors are encouraged to bring any ideas/concerns regarding bullying to the School Council for consideration. Bullying is discussed within the PHSE/Thrive based curriculum using a range of activities such as story telling, role play, class discussion.

Positive behaviour is encouraged and rewarded (see the school behaviour for learning policy).

Action against Bullying

Staff

Staff should always be mindful that bullying occurs. If a pupil or other adult reports a behaviour which may be bullying, the member of staff should:

- Take the matter seriously and deal with the incident immediately
- Investigate the facts and record the details talking to all parties concerned
- Inform the Headteacher and Lead Behaviour Professional, if it is founded and serious. Any investigation of the matter may be carried out by the Headteacher themselves or by The Lead Behaviour Professional. The Headteacher will decide whether the matter should be recorded as a serious incident.
- Report all racist incidents to the Headteacher so that he may keep a record in line with Local Authority Procedure
- Reassure the victim and identify suitable support
- Identify achievable steps to resolve the matter
- Identify any support the bully may benefit from
- Advise parents of the bullied and the bully, as appropriate following discussion between the Headteacher and staff member
- Consider ways in which to prevent any further incident such as breaking up groups of bullies, encouraging cooperative play, circle-time discussion

Pupils

Children who have been bullied should be offered:

- Reassurance that it is right to tell
- All children to know the Anti-Bullying Charter in the school
- Advice and support on how to deal with bullies, eg walk away quickly, shout "go away" – see Anti-Bullying Charter
- Monitoring in the classroom and playground to give support and prevent further incidents
- Recording of incidents on CPOMs to monitor, track and deal with instances
- Peer to peer support
- Help in restoring self-esteem and confidence

Children who have bullied should be offered:

- The opportunity to discuss what happened
- The opportunity to apologise for their behaviour
- Support in considering why he/she acted in the way he/she did and ways to change that behaviour



- Positive reward incentives as well as sanctions
- Monitoring
- Any sanction in line with the Behaviour Policy

Parents

Parents will be told if their child is involved in a serious incident of bullying either as the victim or as the bully. Parental cooperation and support are essential in addressing such behaviour and in supporting the child. Parents may be asked to meet with the Headteacher and/or Deputy Headteacher and/or class teacher to consider ways to obtain acceptable behaviour, e.g. by way of a Behaviour Contract and target setting.

Review and Monitoring

This policy was reviewed by the Governing Body in October 2025 and thereafter will be reviewed every two years.

On-going monitoring of the effectiveness of the policy will be the responsibility of the Headteacher and staff in consultation with the School Council.

Policy reviewed October 2025



Appendix 1 – SH Anti-Bullying Charter

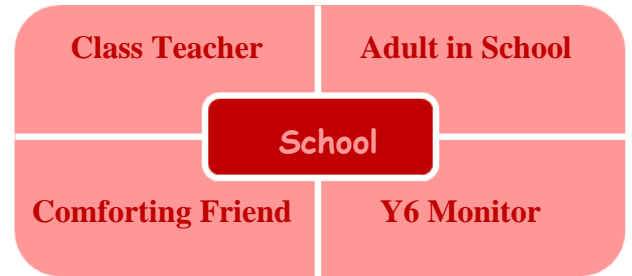
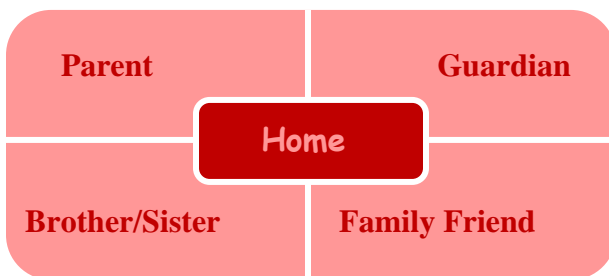
Sacred Heart Primary School



Anti-Bullying Charter



- We understand that bullying is an unfair use of power, which is done on purpose and keeps happening.
- Bullying makes people feel **frightened, uncomfortable, unhappy, lonely** and **unsafe**.
- At our school it is **not acceptable** to bully others.
- If you think you are being bullied you **must tell someone**.
- There is always someone who will **listen**.
- We have created a **Kindness Tree** to show how we expect each other to behave.



We can use our 1, 2, 3 OUT strategy.

1. "Stop- I don't like that, it is unkind."
2. "Stop- I don't like that, I will tell."
3. "Stop - I don't like that, I am telling an adult."

If you see or hear of others being bullied, **tell someone**.

Bullies must be stopped. **Everyone** deserves to be treated with **respect**.

Everyone deserves to feel **safe** and **secure**.

BE A BUDDY NOT A BULLY!