



Sacred Heart News

Friday 16th January

Headteacher's Welcome

Dear Parents and Carers,

Welcome to the Spring term! The children have come back well-rested and in very good form. We are back in routine once again and the children are working hard.

A warm welcome to our new families this term. We hope you will be happy at Sacred Heart. I know everyone will make you feel welcome.

Sporting events and enrichment are commencing once again. This term, teachers provide additional tuition for pupils so please take advantage of this if it is offered. This is aside from planned interventions during the school day. Next week, we are conducting Pupil Progress meetings internally and have now scheduled Parents' Evenings dates for Tuesday 10th and Thursday 12th March, 3.40-7.00pm. A link will be sent out from the office to permit sign-up nearer the time.

Strep A

We have had quite a few high temperatures this week and Strep A is circulating in Early Years. Please ensure the doctor checks for this if your child is unwell and inform us promptly so that we can keep the spread to a minimum. School have to be careful about the number of cases, and increase the cleaning of toys during this time.

Mrs Stenning has reminded us of this useful reference document, particularly in the Winter months - [Managing Specific Infectious Diseases](#). We use this to check when parents ask, but you can also do this before bringing your child to school. We are not medical experts ourselves.

A few important general reminders as we start the new term.

Nursery for September 2027

We will be commencing Nursery 'Stay and Play' sessions for parents and children in the next couple of weeks. If you have a child who requires a Nursery place next academic year then applications should be submitted in May time. If you have friends who also need a Nursery place,

please do recommend us. You do not need to be Catholic to attend the Nursery or the main school. [Our smaller school environment offers many advantages for pupils.](#)

Winter Uniform Reminder

As we move through the winter months, please ensure your child wears the correct winter school uniform:

- White shirt with collar fastened and tucked in
- School tie worn properly
- Black school shoes on non-PE days
- Hair longer than shoulder length tied up
- No bracelets

We understand that a small number of children have agreed adaptations to their uniform.

Important Safety Reminder for Drop-off and Collection

The safety of all our children is our top priority. With the recent poor weather conditions, we have noticed some concerning practices around the school that put children at risk.

Please help us keep everyone safe by:

- **Not performing U-turns** outside the school gates – these manoeuvres significantly reduce visibility and create dangerous situations
- **Not stopping on the zig-zag markings/parking near crossing** during drop-off and collection times - reduced visibility of children entering the crossing/entering school
- **Not allowing children to jump out of moving vehicles** – please ensure your car is stationary and safely parked before children exit

These safety measures were put in place following a previous accident on the crossing. We need your co-operation to ensure all children can arrive and leave school safely.

Attendance

Attendance reminder: Term-time holidays

We would like to remind all families that we cannot authorise absences for holidays during term time. Term-time leave can only be granted in exceptional circumstances, and holidays or other absences for leisure or recreation do not meet this criteria.

Why this matters:

The local authority's Education and Welfare Officers monitor attendance closely and follow up on absences, tracking patterns over time and illness in and around holidays. More importantly, every day in school counts towards your child's learning and progress. It can also make the children feel unsettled.

We are proud that many of our families maintain excellent attendance records throughout the year. However, unauthorised absences are currently affecting our overall school attendance figures.

Please remember:

Children, particularly younger ones, can be unwell from time to time. It is important to keep time off for genuine illness or emergency situations when your child really needs to be at home.

If you're experiencing difficulties with your child's attendance or have questions about what counts as an authorised absence, please contact the school office or read our Attendance Policy on the website. We are here to support you.

Timekeeping

School opens 8.45-8.55 am. Please ensure you are at school at the latest 8.55 am.

Thank you for your support with all of these things. Sometimes, people are not always clear on the expectations.

Have a good weekend.

Highlights of the Week



In Science, Year 6 had a quiz all about electricity. The children worked collaboratively to answer the most questions correctly.



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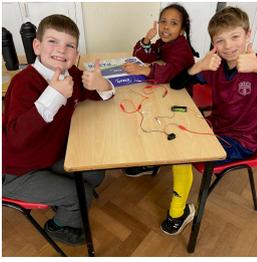
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Year 4 Girls Football team



Year 4 Boys Football team



Epiphany Mass at Sacred Heart Church

We joined the parish for the Epiphany Mass at the start of term.



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Key Dates

Spring Term 2026

Thursday 22nd January - Girls Football vs SJB

Friday 23rd January - Netball vs Collis

Thursday 29th January - Year 4 Girls Football

Friday 30th January - Girls Football vs SMSP

Monday 2nd February - SEND Parents Evening

Tuesday 3rd February - SEND Parents Evening

Wednesday 4th February - SEND Parents Evening

Wednesday 4th February - Boys Football vs Collis

Thursday 5th February - Year 3 Girls Football

Thursday 5th February - Girls Football vs Collis

Friday 6th February - Boys Football vs SMSP

Tuesday 10th February - Swimming Gala

Tuesday 10th March - Parents Evening

Wednesday 11th February - Year 4 to Gunnersbury Museum

Wednesday 11th February - Year 5 Boys Football

Thursday 12th March - Parents Evening

Monday 16th February - Friday 20th February - Half term

Stars of the Week

Reception Hanikah for pushing herself in her learning, working hard on her writing and letter formation.

Ihaia for his resilience towards school and amazing effort in his reading this week.

Year 1 Shiloh for her exceptionally kind and caring nature, and for the happiness she brings to everyone each day. Thank you Shiloh!

Zay for settling in to his new class so confidently and positively. Well done Zay!

Year 2 Ashton for having a positive attitude towards his learning, trying new challenges and for using imaginative ideas when retelling a story in English. Fantastic!

Luke for listening carefully to instructions and working hard in lessons. Well done Luke!

Year 3 Sheila for returning to school demonstrating an enthusiasm for learning, asking some great questions in RE.

Thea for being a kind friend and trying her best in Maths lessons to meet the LO - A good return to school Thea.

Year 4 Darin for his fantastic application of his times table knowledge to identify factor pairs of given numbers. Brilliant work Darin!

Jamie for his excellent work in History. Jamie demonstrated excellent knowledge about how and why the Romans invaded Britain.

Year 5 Maria for always putting her hand up to answer questions in class and great attitude to her work!

Farley for excellent work in fractions this week and putting his hand up in class to answer questions in class!

Year 6 Alian for excellent effort in Maths this week showing good understanding. Brilliant!

Liberty for exceptional focus to complete her work to a high standard, and for excellent participation.

Other News

Year 4 Football

On Wednesday, Year 4 went to a boys and girls football tournament. When we got there, we practised for 10 minutes before separating into boys and girls teams. We played 4 matches each and they were super fun! After every match, we got to have a snack for energy. The boys scored 16 goals in total and the girls scored 10.



Boys Football vs St John the Baptist

On Wednesday, we played SJB in our league game. In the first half, SJB scored 3 goals and in the second half we played much better but we still couldn't keep up with SJB. In the end, we lost 8-0 but we learnt to always communicate and to pass the ball much quicker.



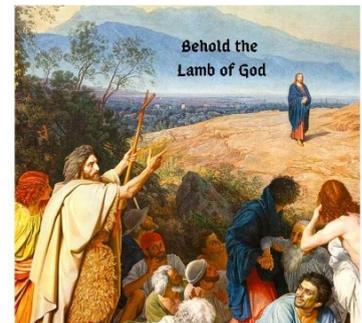
Sacred Heart Prayer

Prayer of the week based on John 1:29-34

Loving God,
Thank you for people who show us how to live with kindness,
peace and compassion.
Help us to recognise goodness in our lives each day,
especially when people forgive, help others, and care for those in
need.

Guide our school community to treat everyone with respect and to be a place where love, hope,
and understanding grow.

Amen



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Other items of interest for families

Sparks Film School at Sacred Heart School on Saturday morning during term time and also the school holidays. Details at

[teddington - Sparks Film School \(sparksarts.co.uk\)](http://teddington-sparksfilm.com)

Maths Tutoring for KS2 Students!

Boost your child's confidence and skills in maths with fun, personalised lessons!

- ✓ Clear explanations and engaging activities
- ✓ Perfect prep for SATs and secondary school
- ✱ Build confidence. Master maths. Achieve success! ✱
- 📞 Contact Mrs Chong @ 078 1399 5163 for more information

Slimming World at Sacred Heart School

Sharon Evans's Slimming World group will be held at Sacred Heart Primary School in St Marks Road Teddington every Tuesday at 7pm, starting Tuesday 8th January.

For more information or to join Sharon's group either pop along on 8th January her on 07498888205

Or: For more information visit www.slimmingworld.co.uk or call 0344 897

AFC Kingston Youth – Girls' Football Sessions

AFC Kingston Youth has recently launched a **girls-only weekly football class**, designed for **7-10-year-old girls** who would like to develop their football skills in a fun, friendly, and supportive environment.

Session details:

-  **When?** Wednesdays, 6:00–7:00 PM
-  **Where?** Kingsmeadow (8-a-side astro turf pitches with floodlights)

👤 **Coaches?** FA-qualified, experienced, and enthusiastic

💷 **Cost?** Approximately £8 per session (paid monthly)

Playing in an all-girls environment is a fantastic way for young players to **build confidence, develop skills, and make new friends**. With the warmer weather approaching, now is the perfect time to give it a try!

📍 **Location:** Weir Archer Athletics & Fitness Centre, 442a Kingston Road, Kingston, KT1 3PB

If you would be happy to share this opportunity with parents or include it in your school newsletter, I would greatly appreciate it.

For further details, reach out to Heather at **+44 7717 047453**.

Big sister programme- Sports initiative for girls aged 9-15

Places Leisure are running the [Big Sister Project](#) at Tolworth Recreation Centre and Malden Centre, an initiative designed to get more girls active and introduce (or reintroduce) them to sport.

[The Big Sister programme helps girls aged 9- 15 in target areas, feel 'sport ready' by building a network of peer leaders \("Big Sisters"\) from sport, schools, and community organisations.](#)

The Big Sisters act as role models, empowering and enabling girls to enjoy sport, exercise, and physical activity during puberty. Importantly, the project is shaped by girls, for girls, providing ambassadors who champion the benefits of sport and understand the challenges they face.

As part of the programme, Girls can access the Big Sister Flexible Membership at £9 per month (50% off the standard Junior membership), which includes:

- Unlimited gym use during Junior Gym hours (with induction for 11–15 year olds)
- Unlimited swimming
- Age-appropriate group workout classes, including exclusive We Move sessions
- Free racket sports at off-peak times (Malden Centre only)
- Support from a friendly on-site team
- Free access to the Places Leisure App and Virtual Studio, including a dedicated Big Sister channel

[Watch the Big Sister video here.](#)

[For more information and to sign up, visit the places leisure website.](#)

Dramacube - The Wizard of Oz

Sign up for Dramacube's Spring Term production of The Wizard of Oz and see your child shine on stage at Hampton Hill Theatre.

Whether they are new to musical theatre or have taken part in drama, dance or performing arts before - everyone is welcome and will be part of the final production.

Spring Term starts w/c 5th January in the following locations:

🏡 5–7 Year Olds – Teddington

🏡 8–12 Year Olds – Hampton Hill, Teddington or Walton-on-Thames

🏡 13–18 Year Olds – Hampton Hill or Twickenham

Book a 2-week taster or enrol in a cast at www.dramacube.co.uk

available on a number of parenting groups starting next term in Kingston

There are places available on free parenting groups which will be starting next term in the Kingston borough.

[The Parenting Puzzle/Nurturing Program](#) for parents and carers of primary school aged children

[Workshops for parents of children aged up to 10 years](#)

[Teen Life](#) for parents and carers of children aged 10-16 years with a diagnosis of ASD

Please see attached posters for more information about each group [please contact Karen Williams](#).

Public consultation by Lift Richmond Park on the admission arrangements for the academic year 2027/28

Lift Richmond Park is consulting on the admission arrangements for the academic year 2027/28.

This is to meet the statutory requirement to consult on the admission arrangements at least once every seven years, and there are no changes proposed to the existing arrangements.

Information about the public consultation and how to provide feedback is available on the [Lift Richmond Park website](#).

Please support the school by raising awareness of the consultation in your newsletter to parents.

Public consultation by Bishop Perrin CofE Primary School on the admission arrangements for the academic year 2027/28

Bishop Perrin CofE Primary School in Richmond is consulting on the admission arrangements for the academic year 2027/28.

Information about the public consultation and how to provide feedback is available on the [Bishop Perrin CofE Primary website](#).

Please support the school by raising awareness of the consultation in your newsletter to parents.

Public consultation on the admission arrangements for Tiffin School for the academic year 2027/28

The Governors of Tiffin School are proposing changes to the School's 2027/28 admissions arrangements.

Notice of the proposed changes and how to share your views is available on the [Tiffin School website](#). The consultation will run until 12pm on Monday 26 January 2026.

Please support the school by raising awareness of the consultation in your newsletter to parents.

Public consultation by St Luke's CofE Primary School on the admission arrangements for the academic year 2027/28

St Luke's CofE Primary School in Kingston is consulting on the admission arrangements for the

academic year 2027/28.

This is to meet the statutory requirement to consult on the admission arrangements at least once every seven years, and there are no changes proposed to the existing arrangements.

Information about the public consultation and how to provide feedback is available on the [St Luke's CofE Primary website](#).

Please support the school by raising awareness of the consultation in your newsletter to parents.

Study on the brain signals of attention and self-regulatory skills in children

Recruiting children, ages 7 to 14 for a research study looking at brain signals related to attention and self-regulatory skills during development.

Participation involves:

- behavioural assessments
- brain activity assessment (EEG) at Kingston University (free parking available)

[Find out more about the study on the brain signals of attention and self-regulatory skills in children study here](#).

Keep children safe in Winter

Frozen lakes, cracking ice on puddles under feet, frost on the windows, beautiful sunsets and crisp air are all magical, breathtaking scenes in the winter months and are to be enjoyed!

Hidden dangers beneath these scenes are never far away. With storm Goretta, the first storm of the year, upon us and another on the way parents are urged to ensure their children play safely when outdoors.

Public Health in Richmond are asking parents and carers to teach their children not to go on frozen ponds, lakes or rivers – however tempting they may look.

In the UK, ice is unlikely to freeze to a suitable depth to safely walk on. Sadly, young people and adults have lost their lives or been seriously injured when venturing onto frozen ponds or lakes. Please teach your children not to risk walking on ice. And regularly remind older children and teens who go out on their own about the risks.

[Visit Royal Life Saving Society UK to learn more about ice safety](#).

[More Winter safety resources here](#).

Drug and alcohol - Parent webinars

Research from NHS Digital shows that parents are the source that young people would turn to the most if they wanted reliable information and guidance on drugs and alcohol - more so than their friends or their phones! - yet the landscape is ever changing.

[View drugs and alcohol webinars available to parents and carers here](#).

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Setting parental safeguards on your child's devices

If you're viewing this on a screen, tap (or click) the appropriate icon below.

If you're looking at this on paper, point your phone's camera at the appropriate QR code and tap the link that appears.

Follow the instructions on the website exactly, in particular setting the age of the child.

We recommend you set the device not to allow any apps or games to be installed without your permission. Protect your settings with a strong password that is not known to the child.



Nintendo



kindle fire

kindle fire



