



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Fundamentals : Unit 1	Dance : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Fundamentals : Unit 2	Dance : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals	Gymnastics	Dance	Sending and Receiving	Net and Wall Games	Striking and Fielding Games
	Team Building	Ball Skills	Fitness	Invasion Games	Target Games	Athletics
Year 2	Fundamentals	Gymnastics	Dance	Sending and Receiving	Net and Wall Games	Athletics
	Team Building	Ball Skills	Fitness	Invasion Games	Target Games	Striking and Fielding Games
Year 3	Fundamentals Y3/4	Gymnastics	Parkour	Hockey	Rounders	Rounders
	Dance	Swimming	Ball Skills Y3/4	Tennis	Athletics	Handball
Year 4	Dance	Gymnastics	Parkour	Football	Cricket	Rounders
	Fitness	Swimming	Hockey	Dodgeball	Athletics	Netball
Year 5	Fitness	Gymnastics	Parkour	Football	Athletics	Rounders
	Swimming	Dance	Netball	Tennis	Hockey	OAA
Year 6	OAA	Gymnastics	Parkour	Hockey	Athletics	Rounders
	Swimming	Dance	Netball	Volleyball Y5/6	Tennis	Handball